

# Connective Tissue, Fascia Quiz

1. What is connective tissue?

2. What are some examples of types of connective tissue?

3. What are some functions of connective tissue?

4. What is a tendon?

5. What is a ligament?

6. What is a joint capsule?

7. Define fascia.

8. Explain fascia using descriptive phrases that help students to visualize and get a clearer sense for this pervasive tissue.

9. Fascia is full of sensory nerve endings that are in constant communication with the brain. What is this communication about?

10. From an Energy Medicine perspective, what is a function of fascia?

11. What is meant by the term "myofascia?" What is the significance of this term?

12. How does the "myofascial meridian theory" differ from the traditional anatomy model?