

Cultural Appropriation Quiz

1. What is cultural exchange or diffusion?

2. Define cultural appropriation.

3. Explain the difference between cultural exchange and cultural appropriation of yoga.

4. Explain the vital significance of the roots of yoga.

A large empty rectangular box for writing the answer to question 4.

5. What does cultural appropriation of yoga look like?

A large empty rectangular box for writing the answer to question 5.

6. What is an example of rampant appropriation?

7. For those who wish to honor yoga and the people who have kept it alive for our benefit, what values and behaviors can guide your choices?