

Postural Issues & Conditions Quiz

1. Name ten or more issues related to the spine that various students might exhibit.

2. For what functional reason does the thoracic spine have limited mobility?

3. What are potential consequences of lack of healthy mobility in the thoracic spine?

4. What other names are used for hyperlordosis?

5. What is hyperlordosis?

6. What are potential causes of hyperlordosis?

7. What are some various names for kyphosis?

8. What is kyphosis? Describe potential symptoms.

9. What are potential causes of kyphosis.

10. What is scoliosis?

11. What is the difference between structural scoliosis and functional scoliosis?