

Spinal Functions Quiz

1. What are the functions of the spine?

2. In what two complementary ways is the spine designed to function?

3. Explain how the curves of the spine work.

4. What are the attributes of a healthy spine?

5. What is the function of the spinal cord? Provide a metaphor to describe it.

6. Give examples of areas of the body supplied by the nerves in the spine, and potential conditions associated with nervous system issues.

