

# Teaching Methodology Foundations Quiz

1. Name four or more general categories of skill that contribute to good yoga teaching.

2. While teaching, what are some priorities regarding presence and mindful awareness?

3. Provide specific objectives regarding your personal practice and knowledge.

4. Provide ten or more examples of skillful teaching.

5. List six teaching actions that promote student safety.

6. What are some practical tips for effective teaching?

7. Eric Klein explains three levels of teaching: information, method and transmission. Describe each.